

# NewsRound



Keeping parents and students informed

Term 5 Letter 1 Friday 09 June 2017

## Year 7 and 8 Honours Trip to Marylebone

On Wednesday this week, Year 7 and 8 honours students travelled to Marylebone, in central London, to visit two churches in order to compare and contrast different denominations of Christianity. The students visited Hinde Street Methodist Church and St Marylebone Church, which is an Anglican church.

Students were given a talk from Church leaders at both locations. Students were also able to explore the churches, including going behind the organ, up onto a third floor gallery, and down into a crypt. They asked lots of intelligent questions and were able to complete a task sheet which focused upon the worship style, symbolism and beliefs of the different denominations. They picnicked in Regents Park, along with loads of ducks and their ducklings.

At both churches comments were made about how well behaved the students were, and upon what interesting and challenging questions the students asked! Feedback from the Church leaders since the trip has been extremely positive, including 'I really enjoyed it and I was so impressed by the diversity and openness of the students and their questions...how great it was to see children from many faiths learning together.'



## Great Athletes

Praise for the following students who have qualified for the London Schools Athletics Championships on Saturday 10 June.

Selection was based on their performance at the Wandsworth Championships. The London Team Manager will be at Battersea Park to select a team for the English Schools championships. This is a superb sporting opportunity for our students. Well done to you all and good luck.

Nathanael Pongolati	200m
Emmanuel Boketsu	800m
Gerald Lamptey	Long Jump
Malachi Campbell-Barnett	Long Jump
Mohammed Nour	1500m
Kerease Howell	200m
Diana Kostenko	300m
Minnie Greaves	High Jump

## ARTS WEEK 2017

17 July - 20 July

Date	Event	Students Involved	Periods	Venue
Mon 17 <sup>th</sup> July	Orchestra Workshop	Orchestral musicians (sign-up)	1/2	F201
	Jazz Workshop	Selected musicians	3/4	F201
	Year 9 Drama Workshop	Year 9 Drama students	5/6	F216
	Singing Workshop	Singers (sign-up)	7/8	F204
	Raku Firing Workshop	Sixth form Art students	Period 7 until evening	Stepney City Farm
Tue 18 <sup>th</sup> July	Dance Workshop	Dancers (sign-up)	9/10	F216
	K53 Printing Press Workshops, Collagraphs & Etching	K53 students (invitation only)	P1-8	Art dept.
	Music Production Tutorial	Invited musicians/producers	P1/2	F204
Wed 19 <sup>th</sup> July	Big Sing	Year 7 - whole year group	P7/8	AA
	Year 10 Drama workshop	Year 10 Drama students	P9/10	F216
	Silent Disco	Year 7 - whole year group	2	AA
	Silent Disco	Year 8 - whole year group	3	AA
	Silent Disco	Year 9 - whole year group	4	AA
Thurs 20 <sup>th</sup> July	Silent Disco	Year 10 - whole year group	5	AA
	Silent Disco	Year 12 - whole year group	6	AA
	Silent Disco	Star Badge Winners	7	AA
	The Big Draw	K53 students	Lunchtime and 7/8	K53 Playground
	'The Platform' Drama Performance	Drama club participants only; praise and reward audience members.	9/10	F216
Thurs 20 <sup>th</sup> July	Gemologist Guest Speaker	TBC	TBC	TBC
	Ashtival	Years 7-10 - whole year groups	8/9/10	K54 playground

The purpose of the week is to raise awareness of healthy eating and drinking, cooking, food provenance and being active to promote key health messages and habits to young people.

We will be trying some of the BNF Healthy Eating Week challenges during the Week. These are:

- have breakfast
- have 5 a day
- drink plenty;
- get active
- try something new

You can support your son/daughter with the challenges by trying some of them at home as a family. Your son/daughter will be able to give you information about this from the presentation that they will see in form time during the week.

During the Week, if a student chooses:

Monday	Pasta King and dessert
Tuesday	Salad bar or Sandwich
Wednesday	Chicken Wraps
Thursday	Roast Dinner and Dessert
Friday	Plated Salad

They will receive a raffle ticket which will go into a draw to win a Voucher for House of Fraser. In addition if a salad is chosen on any day the students' will receive a ticket also. Remember you have to be in it to win it.

Good Luck and Happy Healthy Eating.



## E-Safety tips - How to keep your kids safe online.

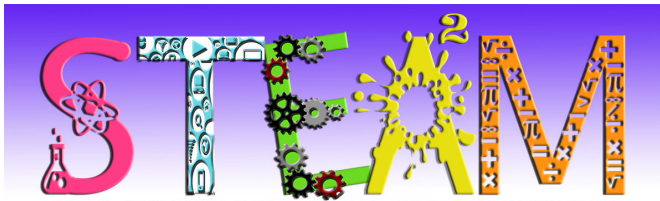
Each week in Newsround we will provide one good tip for staying safe online.

What does E-safety mean? It means simply being safe when using electronic devices – to you and me that's computers and phones.

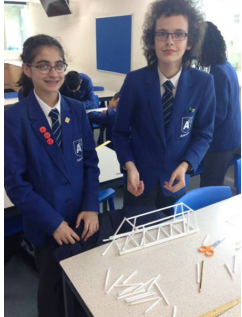
Online means being connected to a network. The Internet provides access to tonnes of great stuff but also a lot of bad things.

### Tip number 1:

Check the web access settings on your computer and make sure you have selected parental control. You don't want your child to be able to access inappropriate content when browsing the web.

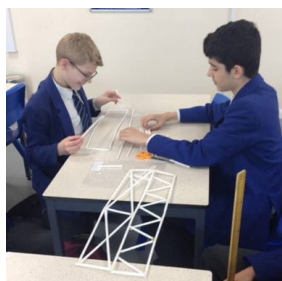


**STEAM Club continued with their STEAM-azing rotations and enjoyed another eventful week!**



In Mr O'Sullivan's Super Structures Club, the Year 8 STEAMies are feeling the pressure now as they finalise building their bridges, they will only have a few minutes next week to make their last adjustments before testing. This week the bridges have really taken shape. There are many varying designs all built to tight restrictions on resources and time. The teams have developed their working dynamic and have reached a high efficiency with

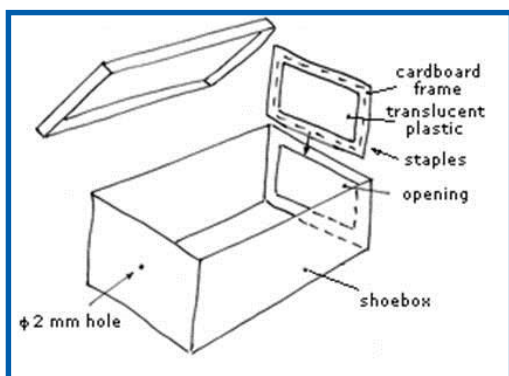
roles being divided out to make sure they finish on time. They will all need to be ready for their bridges to be tested to destruction next week when we will find out which will hold the most weight. Very exciting!



In Mr Hearn's Anatomy of Film Club, the

Year 9 STEAMmies began filming in earnest. Despite an absence leading to the necessity for one student to remember the opening scenes and camera shots of the film they started to shoot, they managed to cast the film and get the first scene of the sequel to the terrifying 'Sandman' completed. They should be able to complete filming next week. The STEAMmies came up with some innovating props to use to get round some complex shots they wanted to create, including a creative use of a blue chair as a bird's nest! Hopefully the completed short will be available next week.

With Miss Griffiths, Miss Haviland and Miss Peterson, in the Pin-Hole Camera Club, the Year 7 STEAMmies completed their pin hole cameras. This involved using aluminium and pushing a small pin to create the hole. The STEAMmies were then introduced to our specially made dark-room and we went through the process of developing and fixing their photos. They then had the opportunity to experiment further with the blue light-sensitive paper. We are all very excited for the final week's session when we will be taking and developing the photographs.



**Year 7 Grow Your Own Club**

Our fruits and vegetables garden got off to a super start this week after the excellent efforts of the following students! Well done! See you next Thursday!

- Hanan Mahamoud 7T1
- Arman Choudry 7T3
- Margueritte Venning 7T2
- Marcela Conti 7T2
- Elliot Johnson 7T2
- Jessica King 7T1
- Roberts Jansons 7T1
- Hiba Sheikh 7T1

Ms Aldred-Hall and Ms Cannaford

**Para Swimming**

Two of our students were collected by Team Wandsworth and escorted to Beckenham Spa for the London Youth Games this week.

Holly Flook won gold! This makes her the best Para freestyle swimmer over 50M in London! Whilst Sydney Sanderson won gold in his heat and is the second best breaststroke swimmer over 25M in London!

Holly also represented Wandsworth Borough in the backstroke relay event and both students were in the freestyle relay team, winning gold in prior and silver in the latter!

An absolutely outstanding achievement which makes Ashcroft very proud.



**Yoga with Agata continues on Monday 12 June at 5.15-6.15pm.**

the class is suitable for all levels and includes yoga postures, breathing and relaxation.

£50 for 5 weeks (every week excl 26 June)

there will be one free introductory Yoga session for any new member after which you ask any questions. Many people stay away from Yoga due to some myths which exist. If this is you please click on the following link about the 'Top 10 myths about Yoga'. <https://www.mindbodygreen.com/0-10070/top-10-myths-about-yoga.html>

# THE GREAT ASHCROFT DEBATE OFF

Coming to  
an English  
class near  
you...\*

- 4 year groups
- 4 finalists

There can only  
be **one winner**

\*For more information, see Miss Paton or  
Mr Barry



## P . E . DEPARTMENT

### TERM 5 CLUBS

	Before School	Lunchtime	After School
Mon	Fitness Session – Miss Despins Basketball	Cardio/Weights Fitness Suite – Mr Dooley Cricket –Mr Rowe Basketball – Mr Keith	Cricket (Boys) – Mr Keith Cricket (girls) - Ms Despins Multisports - Mrs Ward Duke of Edinburgh- Mr Dooley
Tues	Fitness Session – Mr Keith Basketball	Badminton – Miss Despins Table Tennis – Mr Dooley Dodgeball- Mrs Ward GCSE catch-up/Cardio/Weights room- Mr Keith	Rowing – Ms Dowson
Wed	Fitness Session – Mr Dooley Basketball	Basketball – Mr Keith Table Tennis – Mr Mensah/Mr Stenning Cardio/Weights Fitness Suite – Miss Despins Girls Nike Training Club- Mrs Ward	JiuJitsu – Mr Wandt
Thurs	Fitness Session – Mrs Ward Basketball- Mr Dooley	Cardio/Weights Fitness Suite – Mrs Ward Boys Basketball- Mr Dooley KS3 football- Led by CAS students Girls football- Miss Despins	Fitness – Mrs Ward
Fri	Fitness Session – Mrs Ward Basketball – Mr Dooley Table Tennis	Cardio/Weights Fitness Suite – Mrs Ward Volleyball- Mr Keith Basketball- Miss Despins Badminton – Mr Dooley	

# KS3 ENGLISH STUDENTS OF THE FORTNIGHT!

The following students have been identified by their English teachers as being worthy of this title.



## REMAINDER TERM DATES 2016-2017

Term 5 begins Mon 05 Jun – Fri 21 Jul

## TERM DATES 2017-2018 Academic Year

Term 1 begins Wed 30 Aug (Year 7)  
Thur 31 Aug (Year 8-11)  
Term break Thur 19 Oct - Fri 27 Oct 2017

Term 2 begins Mon 30 Oct - Fri 15 Dec  
Term break Mon 18 Dec – Tue 02 Jan 2018

Term 3 begins Wed 03 Jan– Fri 09 Feb  
Term break Mon 12 Feb – Fri 16 Feb 2018

Term 4 begins Mon 19 Feb – Fri 25 May  
Easter break Thur 29 Mar – Fri 13 Apr 2018  
Bank Holiday Mon 07 May 2018  
Term break Mon 28 May – Fri 01 Jun 2018

Term 5 begins Mon 04 Jun – Fri 20 Jul

Please note the start date for Years 8-11 is Thursday 31 August 2017.

The new Year 7 intake will begin on Wednesday 30 August 2017.

Year 12 enrol on Friday 01 September and lessons being on Monday 04 September.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Multi-choice menu</b>  <b>MEAL DEAL</b> Choose a hot meal from Option 1 plus something from Options 2 or 5  Choose a soup from Option 2 plus something from Options 3 or 4 or 5  Choose a sandwich from Option 4 plus something from Options 2 or 5  Choose the Salad Bar option plus something from Options 2 or 5
<b>1</b>	Chicken Jalfrezi Vegetable Moussaka	Chicken Chow Mein Vegetable Quiche	Pasta Bolognese with Garlic Bread Vegetable Chilli	Roast Chicken and Roast Potatoes Vegetable Shepherd's Pie	Fish Cake with Potato Wedges Macaroni Cheese	
	Pasta King Jacket Potato	Stone Baked Pizza Jacket Potato	Chicken Joe's Wrap Jacket Potato	Pasta King Jacket Potato	Chicken Joe's Wrap Jacket Potato	
	Sweetcorn and Carrots	Green Beans and Peas	Broccoli and Macedoine	Carrots and Cabbage	Salad and Peas/Sweetcorn	
<b>2</b>	Carrot and Coriander Soup	Vegetable and Watercress Soup	Minestrone Soup	Red Pepper Soup	Vegetable Soup	
<b>3</b>	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	
<b>4</b>	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	
<b>5</b>	Fruit Jelly and Ice Cream	Marble Sponge with Chocolate Sauce	Fruit Salad	Pineapple Upside Down Sponge with Custard	Selection of Cold Desserts	
	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Selection of Cakes and Biscuits	



Meal Deal (Option 1 + 2 or 5) £2.25 students/£2.47 staff Main Meal only £1.95 students/£2.15 staff

### Lunch rota for next week

1st sitting Year 11/7 — 1.05    2nd sitting Year 8 — 1.15    3rd sitting Year 9 — 1.25    4th sitting Year 10 — 1.35