Keeping parents and students informed

#### Term 5 Letter 1 Friday 10 June 2016

#### Fun Run



Our biennial Fun Run is only a few weeks away on the afternoon of Monday 27 June so we hope those taking part are fit and ready. Keep your sponsorship going through the uk.virginmoneygiving. com/team/ashcroftfunrun2016 site and make a note of everyone who says they will sponsor you so you can remind them.

We are all very excited about the event and every donation we receive will

spur us all on to complete the race and help raise funds for an amazing cause. This is the 8th Ashcroft Run for the Royal Hospital for Neuro-disability (RHN) and we are very pleased to be supporting this local charity.

Details on the logistics for the event will be published soon and teaching staff will act as marshals along the route.

Don't forget if you wish to run in fancy dress the theme is 'Heroes' so let's see a few Batmans or Batgirls, Supermans or Superwomans or any other heroic character you wish to represent.

#### **KS3 Stem Club**

In the 'Fantastic Food' session Year 8 found out above the properties of eggs and showed these properties can be very useful when cooking. They even sampled some yummy Turkish Delight made by Ms Borg.

In the 'Robotic Programming' session with Mr Haddleton, Year 7 "stemmies" continued their work with Mr Haddleton's amazing robots. They had a go at operating the robots and manoeuvring them across a purpose built obstacle



course, and some of the STEM girls took this selfie using the new "Initio" robot while they were staring at the drone robot in the air.

# **Ashcroft Follows Tim Peake**



Tim Peake is getting ready for his big return to Earth next week, on 18 June, after which he will have check-ups and examinations to inform research into how his body has adapted to living in the microgravity environment of space.

Tim has spent the last 6 months on the International Space Station where he has conducted over 250 science experiments and captured the imagination of millions

with his social media updates and live broadcasts. Tim became the first Briton to conduct a spacewalk and ran the London marathon on an on-board treadmill, but despite saying he will "miss this place", he does look forward to his return to Earth and the rain!.

Meanwhile, over at Ashcroft Technology Academy, we have completed the "Space seeds" project and have successfully entered our results onto the global database, ready for analysis by experts. Our Ashcroft wide poll predicts that the red batch contained the Space seeds, but we will have to wait until after all the results from the participating schools have been analysed before Tim Peake will reveal the answer. Very exciting! Stay tuned for further updates!



### Postponement: Year 7 Trip to Lille

On advice given by the travel company, the Academy has taken the decision to postpone the trip to Lille on Friday 1 July until Friday 16 September 2016. This is due primarily to a big sporting event taking place in Lille on 1 July, namely Euro 2016.

The times and programme of the trip will stay unchanged and your son/ daughter has a confirmed place on the new date.

A parent information evening will be held on Tuesday 19 July so that we can explain in more detail the itinerary for the day, detail the things that your son/ daughter will need for the trip and check passports.

### **Healthy Eating Week**

Next week to celebrate and promote Healthy Eating Week there will be a number of promotions. A raffle ticket will be given to students who make these selections on each day. At the end of the week there will be a prize draw to win high street shopping vouchers.

Monday - Pasta king and dessert Tuesday - Salad bar or Sandwich Wednesday - Chicken wraps Thursday - Roast dinner and Dessert Friday - Plated Salad Monday - Friday - if a fresh fruit or yoghurt pot is purchased on any day at any service an additional raffle ticket will be issued.

You have to be in it to in win it!!

## **Spotlight on Achievement - Sydney Sanderson**

The journey started when Sydney was selected to represent Ashcroft Academy in Para-swimming in the Wandsworth qualifying leg of the London Youth Games. Sydney swam one of the fasted times in the whole borough for the 25m Breast Stroke, beating boys two years above him! Following his victory. Wandsworth selected him for a series of training sessions to prepare him for the games.



CAMES On Wednesday he represented Wandsworth in the London Youth Games! He was a credit to the ities acr Academy, conducting himself in a professional and supportive manner. He showed further strength of character when at the last minute he was changed from 25m breaststroke, the race he had been training for, to the 25m in his stride and despite not training for this particular style of race he managed to finish 4th! He then competed in the relay race and his

team also finished 4th. Ashcroft are incredibly proud of his achievements. Well done Sydney!

As the sun shines Year 10 enjoy a game of doubles during lunchtime on the new table tennis tables in the playground.







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken Jalfrezi Vegetable Moussaka	Chicken and Sweetcorn Lasagne Vegetable Quiche	Pasta Bolognese with Garlic Bread Vegetable Chilli	Roast Chicken and Roast Potatoes Vegetable Shepherd's Pie	Fish Cake with Potato Wedges Macaroni Cheese
	Pasta King Jacket Potato	Stone Baked Pizza Jacket Potato	Chicken Joes Wrap Jacket Potato	Pasta King Jacket Potato	Chicken Joes Wrap Jacket Potato
	Sweetcorn and Carrots	Salad and Peas	Broccoli and Macedoine	Carrots and Cabbage	Salad and Peas/Sweetcorn
2	Carrot and Coriander Soup	Vegetable and Watercress Soup	Rocket and Courgette Soup	Lentil Soup	Vegetable Soup
3	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)	Salad Bar (small bowl with multi choice)
4	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)	Any sandwich (max price £1.50)
5	Oaty Apple Crumble and Custard	Pancake with Mousse	Jam & Coconut Sponge and Custard	Pineapple Upside Down Sponge with Custard	Selection of small cold desserts
	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of small cold Desserts Selection of Cakes and Biscuits	Fresh Fruit Selection of Cakes and Biscuits

Meal Deal (Option 1 + 2 or 5) £2.15 students/£2.36 staff Main Meal only £1.83 students/£2 staff

Multi-choice menu

# **MEAL DEAL**

Choose a hot meal from Option 1 plus something from Options 2 or 5

Option 2 plus something from Options 3 or 4 or 5

from Option 4 plus something from Options 2 or 5

Choose the Salad Bar option plus something from Options 2 or 5

> DELI BAR Freshly made to order each